



# CAREGIVER SUPPORT GROUP

Are you caring for a loved one with dementia and seeking a supportive community? Look no further! Our dedicated support group is here to provide you with a safe space to share your experiences, gain valuable insights, and find solace in the company of others who understand the challenges you face.

**LOCATION:** Virtual - Zoom

**DATE AND TIME:** Thursdays, 1:00 pm

*Contact DSNW for access to Zoom meeting*



**We encourage you to join.** Forming a comfortable dementia supportive community is important not only for the person with dementia, but also for the caregiver.

[www.dementiasupportnw.org](http://www.dementiasupportnw.org) | (360)671-3316