## **Recurring Community Events**



## THE BREAKFAST CLUB

The Breakfast Club meets weekly at Denny's on Meridian. Caregivers and their loved ones are encouraged to gather for socialization. Dementia is not discussed, but socialization is a major part of supporting those with dementia.

**LOCATION:** Denny's 161 Telegraph Rd, Bellingham, WA 98226

DATE AND TIME: Mondays, 10:00 am



**We encourage you to join.** Forming a comfortable dementia supportive community is important not only for the person with dementia, but also for the caregiver.

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