



This two-part workshop is being offered free of charge by the Dementia Support Program at NWRC. Christina Coiro is a Positive Approach to Care Certified Independent Trainer.

Positive Approach to Care (PAC) Approved Workshop With Christina Coiro

When:

Part 1: Thurs, Dec 8th
Part 2: Thurs, Dec 15th

Where:

Sedro Woolley Senior Center
715 Pacific St.
Sedro Woolley, WA 98284

Time:

1:00 pm-3:00 pm

(360)410-5817

Positive Physical Approach™ & Hand-under-Hand®

This workshop helps learners understand how to adapt how we interact when the other person's brain is changing. This workshop will include explanations of how the brain is changing when someone is living with dementia and what care partners can do to be supportive.

Learners will practice the use of Positive Physical Approach™ (PPA) and Hand-under-Hand®, developed by Teepa Snow. Both techniques are based in building relationships and doing *with people* instead of *to people*.

Workshop Objectives:

- Describe changes in visual processing
- Compare and contrast traditional social greeting and communication efforts with PPA as it relates to reactions and responses from the person living with dementia.
- Demonstrate PPA in simulated situations
- Describe the purpose and value of using the Hand-under-Hand® technique with people living with dementia.
- Demonstrate Hand-under-Hand® to promote mobility and assistance with ADLs

Presented by:

